

Issue #34

February 2019



The library offers great programs for the community every day. Here are just a few of the highlights for this month:

- Feb 4 1:30 Author Visit, Marijke McCandless and Nancy Villalobos – Shaking the Tree: brazen, short memoir
- Feb 4 3:30 Valentine Zendala Creation with Janet Masey
- Feb 6 3:00 Celebrate Chinese New Year
- Feb 8 3:00 Kids Career Day at Bilingual Storytime
Special Guest: David Getoff
- Feb 12 3:00 3-D Printer Workshop
- Feb 14 10-2:00 Free Blood Pressure Screening
- Feb 15 1:00 DMV Test Preparation Class
- Feb 16 2:00 Beethoven to Broadway – Horn and Piano Music with Bruce Dorcy and Beverly Reese Dorcy

All programs are free and subject to change or cancellations. Check the Website sdcl.org for more information or call 619-443-1811 for details about any event. The Library will be closed:

February 18 for Presidents' Day

Library Hours: Mon, Thu: 9:30 A.M. - 6:00 P.M.
Tue, Wed: 9:30 A.M. - 8:00 P.M.
Fri, Sat: 9:30 A.M. - 5:00 P.M.

THE MANY BENEFITS OF READING

Cognitive

Improves Memory: Reading activates the parts of your brain that create new synapses for memory.

Lengthens Life: One study shows that those who read as little as 30 minutes a day live on average 2 years longer than non-readers.

Makes You Smarter: Reading has been shown to enhance vocabulary, improve articulation, and increase creativity.

Physical

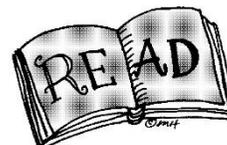
Relieves stress and lowers blood pressure. Just six minutes of reading has been shown to lower heart rate and muscle tension.

Improves sleep: Incorporating a reading routine into your bedtime ritual tells your body it's time to wind down and get some sleep.

Emotional

Makes you more empathic: Reading literary fiction, in particular, has been shown to improve one's understanding of others' beliefs and views.

DO SOMETHING FOR YOUR HEALTH AND HAPPINESS





SPIRIT OF CHRISTMAS DECEMBER 1, 2018

by Leslie Ward and Christina Patterson

The Lakeside Friends were delighted to once again participate in Lakeside's annual Spirit of Christmas. It gave us a perfect opportunity to interact with the community and promote the new library as well as solicit new members. We also sold children's books, Christmas decorations and a variety of gift items. Thanks to those who supported our efforts, we made \$500 through sales, memberships and donations.

The Lakeside Library also hosted a booth at the annual Spirit of Christmas event with two crafts for the kids to do. The kids who visited the table were able to make either a reindeer or Christmas tree out of craft sticks using different craft materials. They also had a chance to use Bingo dotters to color a Holiday picture. The parents who waited were provided a calendar of events for December and other flyers that were promoting special programs throughout the month. We had more than 523 people visit the booth, and everyone had a great time being creative.



Christina Patterson helps kids to make tree ornaments and other crafts during The Spirit of Christmas

BOARD MEETINGS

The Friends of the Lakeside Library meets on the second Wednesday of the month at 6:00 p.m. at the library. The next meeting will be February 13, 2019. All members are welcome! Contact us to ask questions or to volunteer your time. We can be reached at 619-631-5614. Leave a message and someone will return your call, or e-mail us at lakesidecafriends@gmail.com

Board Members:

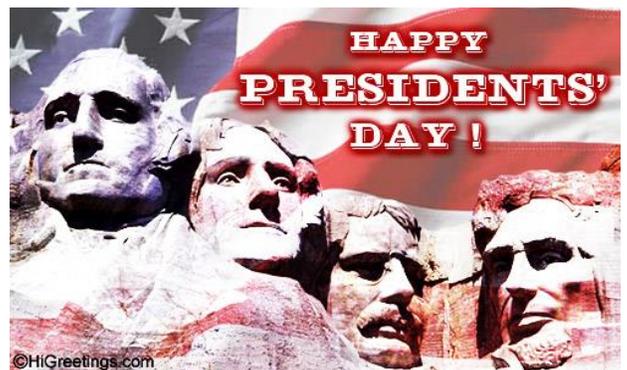
Chairperson:	Terry Burke-Eiserling
Co-Chairperson:	Pam Ourand
Secretary/Grants:	Michael Evans-Layng
Treasurer:	Caprice Hubbard Sander
Assistant to Treasurer:	Leslie Ward
Membership/Hospitality:	Needed
Newsletter:	Sharon Smith
Educational/Community Liaison:	Nina Drammissi
Social Media:	Heather Gutierrez
Marketing/Promotional:	Jennifer Ceballos
Members-at-Large:	Martha Morrison Paula Tillery



UPCOMING EVENTS



February 2 Run for the Arts/It's How We Live



Doing nothing for others is the undoing of ourselves. — Horace Mann



EIN # 33-0474911

MEMBERSHIP

We are grateful for all of our Lakeside Friends. We hope that you will continue to support this group. Becoming a member will keep you informed about library activities including progress toward the new library. There are many benefits to becoming a member of the Lakeside Friends of the Library. Members receive this newsletter, receive the latest updates on the new library, are entitled to free opportunity drawing tickets at designated events, get specials at book sales, may attend Board meetings and are invited to the yearly general membership meetings. Due to recent by-law changes which were approved at 2018's General Membership Meeting, "monetary donations of \$500 or more shall be granted Lifetime Membership and all its privileges".

NEW & RENEWING MEMBERS

Geila Cook – Lifetime
Twila Godley – Lifetime
Alice Henry – New
Jackie McFadden – Family
Barbara Channell – Family
William Carter – Renewal
Pam Ourand – Renewal
Cheryl Fuller – Renewal
Pennie McMahon – Renewal
John & Eileen Neumeister - Renewal



Thank you for your membership. Yearly membership dues for 2019 are now past due so please renew asap. Dues can be sent to the library or given to any Board member. Ask your friends and neighbors to join. Our goal is to have more than 100 members in 2019.



Think of giving not as a duty but as a privilege. – John D. Rockefeller Jr.

CONTRIBUTION JARS



Please patronize these local merchants. We appreciate all they do for the Lakeside Friends of the Library!!

Cafe 67 ~ Copy Corral ~ Yogurt Barn

Lakeside Café ~ Allies Gifts

ENJOY A GOOD BOOK



The Friends little bookstore in the library has many selections including DVD's at great prices. Next time you are there, take a look at the offerings. Pick up one for you and one for a gift. Don't forget to leave your money in the box.



AMAZONSMILE

AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. Please sign up for the Lakeside Friends of the Library donation program through Amazon.com. Every time you purchase from Amazon they will donate to our fund for the NEW Lakeside Library.

T-SHIRT SALES

T-Shirts are now available for purchase for \$15. They are in the library and make a great gift for any book lover.





FUN FACTS ABOUT LIBRARIES



Academic librarians will answer 56.1 million reference questions each year - reaching almost 10 million more than attend college football games.

Americans go to school, public and academic libraries almost 3 times more often than they go to the movies.



There are more public libraries than McDonald's in the U.S. - a total of 16,604, including branches.

Ben Franklin founded the Library Company of Philadelphia in 1731, the nation's first lending library.



One in three public libraries across the U.S. have Facebook accounts.

There are many little ways to enlarge your child's world. Love of books is the best of all. - Jacqueline Kennedy Onassis



To dream of afar, to chase a star, to believe in Captain Hook. To dance with bears and have no cares, this is the magic of a book. - H.L. Stephens, The Case of Jack the Nipper



Bingo Wednesday night, February 6th & 20th, at 6:00 pm. **It's free!!** Snacks and prizes are provided by the library and the bingo players. Come join us for fun and games.



There are several different story time opportunities at the library:
Kids in Action on Mondays,
Preschool Play on Tuesdays,

Baby Story time on Wednesdays, Preschool S.T.E.A.M. story time on Thursdays and Toddler Story time on Fridays. Grab your kids or grandkids and enjoy!!

One-on-One Computer Help is offered at eight different times. Take advantage of this service. Check the calendar for dates and times.



Every Thursday at 4:30 p.m. is Lakeside Chess Club



Book Club meets on the 4th Thursday at 4:00 p.m.